Briefly

Pool

The Holloman Base Pool closes for the summer Sept. 7, so take advantage of the last days. With school starting, the pool is open from noon to 8 p.m., weekends only.

For more information, call Mr. Mike Eberdt at 572-5369.

Oktoberfest

The Oktoberfest is from 3 to 11:30 p.m., Oct. 16.

Tickets are available at the Alamogordo Chamber of Commerce, Otero Federal Credit Union, Outdoor Recreation Center and White Sands Mall.

For more information, call 572-2612 or 572-6159.

Legal

There is a new Air Force legal Website that contains information covering a large range of legal issues at https:// www.law.af.mil/.

For more information, contact the legal office at 572-7217 or visit the legal office's homepage on the Intranet.

Documentary

A documentary, "14 Days in America," is traveling to the local area Aug. 27. Volunteers in uniform are needed from 11 a.m. to 9 p.m. at the Otero County Fairgrounds. Volunteers can tell their Air Force story. Log on to www.14daysinamerica.com.

CFC

The Combined Federal Campaign kicks off at Holloman Sept. 15.

Tour de Phoenix: NCOs bike 1,000 miles

by Mrs. Laura Hunt Sunburst staff writer

Two Team Holloman members are taking 15 days off to ride their bicycles from Alamogordo to Phoenix and back.

Tech. Sgt. Mark Mason and Staff Sgt. Douglas Watson leave for their 1,000-mile trip Sunday.

"I drove to Phoenix to visit my grandfather and he asked me jokingly if I biked to his house from Alamogordo," Sergeant Mason said. "I thought, 'that's a good idea."

Sergeant Mason recruited his father-in-law and Sergeant Watson to accompany him on the trip.

They agreed, and for the last six months the group has been training by biking between 18 and 90 miles six days a week, Sergeant Watson said

According to Sergeant Mason, each cyclist will tow food, clothes, water and supplies in a 40-pound trailer behind his bike.

They'll travel on the highway and stay in hotels at night, Sergeant Mason said.



Staff Sgt. Douglas Watson and Tech. Sgt. Mark Mason prepare for a 1,000-mile ride from Holloman to Phoenix. Their 15-day journey see TOUR on Page 3 through three mountain ranges begins Sunday.

Students go back to the classroom

by Mrs. Laura Hunt Sunburst staff writer

Holloman children are heading back to school, which means there will be an increased number of children on the sidewalks and roads.

Parents should teach their children to be safe while traveling to and from school, said Staff Sgt.

Scharalene Carroll, 49th Fighter Wing ground safety manager.

"Young pedestrians face a variety of decision-making situations and potential dangers while walking to and from school," Sergeant Carroll said. "Following a few basic safety tips can prevent an accident."

Sergeant Carroll said children should mind all traffic signals and the crossing guard. Never cross a street against a light and always wait for traffic to stop.

Also, people must walk their bikes across intersections, she said.

"Pedestrians have the right of way," Sergeant Carroll said. "Bikers in roadways have to obey the rules

see SCHOOL on Page 8



High: 91 Low: 64



High: 93 Low: 62 SATURDAY





High: 91 Low: 62

Weather forecast provided by the 49th Operations Support Squadron Weather Flight

I olloman otline

572-7500

The Hotline is your direct link to the 49th Fighter Wing commander. If you've tried to solve the problem yourself and haven't been able to get results, call 572-7500 or e-mail *cc. hotline@holloman.af.mil*. Before submitting a Hotline, please give the appropriate agencies a chance to work out the problem.

If you want to pass on praise for a job well done, contact the supervisor or commander directly who can provide the appropriate recognition to the individual or group. The unit commanders and agency chiefs want to help. Let them try first.

Housing office	2-3981
Housing maintenance	2-7901
Medical clinic	2-5991
Finance	2-5107
Services	2-3528
Commissary	2-5127
Fraud, waste and abuse	
Base Exchange4	
0	

Air Force taking applications for overseas study for 2005-06

The Air Force is offering the opportunity for three officers to study overseas for two years through the Olmsted Scholar Program.

Those selected will begin study for the 2005-2006 school year.

The program provides participants with an in-depth understanding of a foreign language and culture so they will be knowledgeable and sensitive to the viewpoints and concerns of people around the world as they progress within their Air Force career.

The program involves cultural immersion by an officer and their family (if applicable), as well as study at a university in the native language. Officials are selecting officers with demonstrated leadership and scholastic abilities.

Applicants must be a regular or Reserve line officer on active-duty with between three and 11 years of com-

missioned service, and no more than 11 years' total service by April 1, 2005. Officers must have at least a 3.0 grade point average on a 4.0 scale for their undergraduate degree. They must have achieved at least a 550 on each portion (verbal and quantitative) on the Graduate Record Examination. Finally, they must have scored at least a 110 on the Defense Language Aptitude Battery.

All applications must arrive to the Air Force Personnel Center at Randolph Air Force Base, Texas by Oct. 15. Applicants should send completed applications to the following address: HQ AFPC/DPAPE, 550 C Street West, Ste 32, Randolph AFB, TX 78150-4734.

For more information, contact the Military Personnel Flight or the Officer Developmental Education website at http://www.afpc.randolph.af.mil/pme/0-Olmsted.htm. (AFPN)



Photo by Airman 1st Class Erik Sompp

Pull

Staff Sgt. Oscar Maldanado tightens a belt on a deployment pallet during Exercise Coronet BEAR at the 49th Materiel Maintenance Group compound Aug. 12. **Coronet BEAR** is a 24-hour exercise that prepares Airmen for realworld deployments.

DUI Update

Days since last DUI

DUIs this year

This week last year

Last six DUIs

49 GAF Aug. 749 SFS July 25

• 746 TS July 18

• 49 AMXS July 2

• 49 SVS June 23 • 49 OSS June 11

* Dependent

572-RIDE works!

Calls made are lives saved

661 Saves this year

11 Saves this week



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Editorial content is edited, prepared and provided by the Holloman Public Affairs Office. All photos used are U.S. Air Force photos unless otherwise indicated. For editorial information call (505) 572-3515. Stories should be submitted directly to the Public Affairs Office via e-mail to 49fw.pa.sunburst@holloman.af.mil or mailed to 49 FW/PA, 490 First Street, Suite 2800, Holloman Air Force Base, N.M., 88330-8287. All material is edited for accuracy, brevity, clarity, and conformity to regulations. The delivery of the SUNBURST to Holloman on-base family housing sections is provided by Alamogordo Daily News. The deadline for submitting articles to the SUNBURST is 4 p.m. Thursday the week before publication. For advertising information, call (505) 437-7120.

TOUR Continued from Page One

"We're starting off small," he said. "But we plan to bike from Canada to Mexico down the pacific coast highway in the future, and on that trip we'll probably do tents."

They also plan to take a trip where they bike around the United States as close to the border as possible, Sergeant Mason said.

"That's the retirement trip," Sergeant Watson said.

The two sergeants started riding together while both stationed at Tinker Air Force Base, Okla. six years ago.

"I sold him a bike frame there," Sergeant Mason said. "So he knew when I got stationed here he was going to get back into biking again."

This is Sergeant Watson's second bike trip. His first was a two-day trip when he was in high school.

Sergeant Mason has done several trips, and his longest ride was a one-week tour of Colorado.

"Everyone in our office thinks we're crazy," Sergeant Watson said. "But they're getting used to the idea."

For more information about the trip, go to http://geocities.com/decacentury2004. The sergeants will update the Web site during and after their trip.



Photo by Mrs. Laura Hunt

Tech. Sgt. Mark Mason and Staff Sgt. Douglas Watson leave Holloman Sunday bound for Phoenix. The 1,000-mile ride will last 15 days. The pair plan to travel on the highway and spend the nights in hotels along the way.

CS returns from Iraq

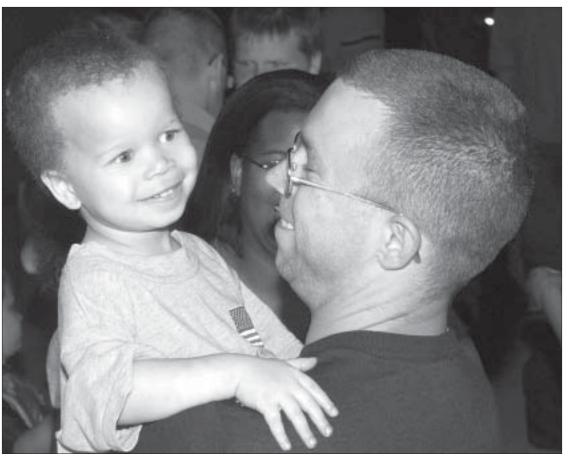


Photo by Tech. Sgt. James Hart

Tech. Sgt. Jason Schrieffer, 49th Communications Squadron member, embraces his son, Caleb, 3, after returning Aug. 13, from a 90-day deployment to Balad Air Base, Iraq.



hoto by Tech. Sgt. James Hart

Airman 1st Class Joshua Hale hugs his wife, Airman Dallassa Hale after his return Aug. 13 from a deployment to Balad Air Base, Iraq. He was part of the 37-person Theater Deployable Communications team.



Photo by Master Sgt. Alexander Ray

Tech. Sgt. William Nash greets his wife, Susan, after a 90-day deployment to Balad Air Base Iraq. He was one of 37 members from the 49th Communications Squadron who returned Aug. 13. CS maintained communication support in theater.

Free day at the zoo

by Airman 1st Class Stephen Collier

49th Fighter Wing Public Affairs

The Family Services Program offers a free day at the Alameda Park Zoo for families of deployed personnel from 5 p.m. to 8 p.m. Saturday.

The free day will include a Jumping Jupiter, free pizza, face painting, Shell Bell the clown and the zoo's array of animals.

Mrs. Shirley Bratton, community readiness technician, said the day at the zoo helps support families whose sponsors are on a remote tour, an extended temporary-duty assignment or at a deployed location.

"This event gives our families the opportunity to get out and network with each other," Mrs. Bratton said. "It also gives the local community the chance to show their support for servicemembers and their families. Even though the activeduty member is not here to physically reach out and touch there loved ones, you have organizations to make sure they're taken care of."

Mrs. Bratton said the FSC takes care of families so forward-deployed members won't worry for their well being.

"Programs such as these remind everyone that the Air Force is large family unit looking out for dependents," she said. "It's a whole team concept. It's not just the military member; it's also their families. We'll continue to maintain a close relationship with families by continuing to provide future functions for them."

New course starts

by Senior Airman Martha Whipple

49th Fighter Wing Public Affairs

The motorcycle training program will offer a free experienced riders' course Aug. 31 at Holloman's balloon launch pad at the west area.

The class builds skills in high-speed maneuvering, quick swerving, avoidance techniques, counter steering, traction control, emergency braking and riding on slippery surfaces.

According to the motorcycle training program manager, Tech. Sgt. Diane Mula, the class allows riders to use their own equipment. It gets away from the classroom-style training and into a hands-on course which allows riders to improve skills while riding their own bikes.

"No matter how long you have been riding, this course will challenge your skills," said Tech. Sgt. Francisco Perez, a volunteer class instructor. "Be sure you wear a long sleeved shirt or jacket, long jeans, full-fingered gloves, boots or shoes that cover the ankle, shatterproof eye protection and a Department of Trans-

portation-approved helmet," he said. "Most important of all, is prepare to have some fun because that is what motorcycling is all about."

Master Sgt. Anthony Mula, a volunteer instructor who has been teaching for 8 years, said he's excited to bring this program on base.

"I volunteer to teach for many reasons, mainly just to help riders improve their riding skills," said the motorcycle enthusiast who has been riding for more than 21 years. "Far too many of us get complacent with our riding abilities, so just a little refresher and advanced training on stopping quickly and swerving can go a long way."

Class participants must have a valid motorcycle license, a licensed bike that is street worthy and insurance.

For more information about the free training, call the motorcycle safety program manager, Sergeant Mula, at 572-3971.

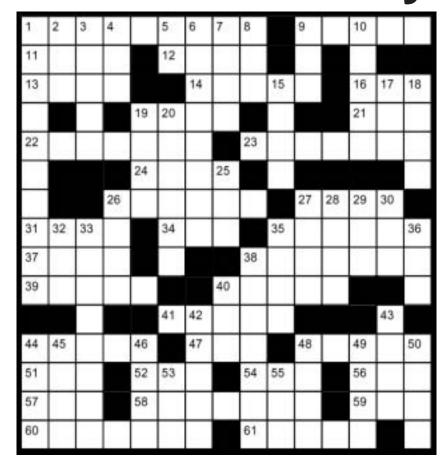
More free training course classes will be scheduled in the future.

The Motorcycle Safety Foundation also offers the class off base for \$65.

National Aviation Day

ACROSS

- 1. First to fly solo across Atlantic (1927)
- 9. First in helicopter flight (1907)
- 11. Middle name of American helicopter pioneer
- 12. Group on same side, as in game
- 13. Helen of Troy's mother
- 14. Dr. Brown of *Back to the Future* 16. Lair
- 19. "___ the night before Christmas ..."
- 21. Pub drink
- 22. First woman to fly solo across Atlantic (1928)
- 23. Made first space flight (1961)
- 24. Zodiac animal
- 26. Yankee baseball player (1891-1900) and manager (1902-1932)
- 27. They raise money to give to politicians
- 31. Fog
- 34. NASA telescope, in brief
- 35. William Samuel ___; experimented with model gliders
- 37. French aviation engineer and inventor (1841-1926)
- 38. Made first seaplane flight in America (1911)
- 39. Gigli actress
- 40. Made first successful helicopter (1936)
- 41. Single bag (two words)
- 44. Sanctify
- 47. To express triumph
- 48. Victor ____; French aviation theorist (1843-1913)
- 51. Earthlink competitor
- 52. Pie ___ mode (two words)
- 54. Baseball stat
- 56. Exploit
- 57. War fought 1914 to
- 1918, "War to end all Wars"
- 58. Made first powered flight (1952)
- 59. Cat's noise
- 60. Merciful
- 61. Christmas carols



DOWN

- 1. Made first controlled heavier-than-air flight (1894)
- 2. "___ Got A Secret"
- 3. Pioneer in field of consumer protection
- 4. Building block of life?
- 5. 1982 Spielberg movie
- 6. They establish connections
- 7. Women (old-fashioned)
- 8. Medical corporation
- 9. Important food fish from Atlantic waters
- 10. Used to detect distant objects
- 15. 365 days
- 17. Cotton gin Whitney
- 18. Hawaiian goose
- 19. Soft mineral
- 20. Made first controlled, powered, heavier-than-air flight (1903)
- 25. American singer and pianist King Cole
- 26. Being nothing more than
- 27. Benefit
- 28. Bet
- 29. CBS TV show
- 30. . . . - . . .

- 32. Commotion
- 33. Made first controlled, powered, rigid-body flight (1901)
- 35. Twain character Finn
- 36. Agency considered "nation's cryptologic organization"
- 38. Headed Women's Air Force Service Pilots
- 40. Federal org. concerned with flight safety
- 42. Richard Roundtree role
- 43. Man considered the "Father of American Aeronautics"
- 44. Cry
- 45. Pioneering balloonist Thaddeus ___; used balloons in Civil War
- 46. Has wisdom and calm judgment
- 48. Neap or ebb?
- 49. Antacid
- 50. Information about recent events
- 53. Vietnam War Memorial architect
- 55. Sis' sibling

Answers on Page 19

NEWS



Photo by Airman 1st Class Dee Ericksonmeon

Maj. (Dr.) Blain Cashmore, a surgeon, prepares Mr. Jason Raney for a nose biopsy at the 49th Medical Group satellite clinic Tuesday. Mr. Raney was the first patient in the clinic that opened Monday near Gerald Champion.

Satellite clinic opens

by Ms. Laura Hunt Sunburst staff writer

The 49th Medical Group opened a satellite clinic at 2669 North Scenic Drive in Alamogordo Monday.

The clinic is primarily for TRICARE Plus members, retirees and their family members enrolled with Capts. (Drs.) John Rockwell and Patrick Thompson, said 1st Lt. Maria Gilliam-McKinney, 49th MDG Business Operations and Beneficiary Support Flight commander.

Surgery patients will also be referred to the clinic for evaluation and treatment, she said.

The clinic will be a convenience for retirees who live in Alamogordo, said Lt. Col. Leslie Ness, 49th MDG administrator.

"They can still be seen downtown, but with a military provider and with no co-pays or cost-shares," Colonel Ness said. "Also, for customers needing surgical services, they're closer to Gerald Champion where the surgery will happen."

According to Colonel Ness, the satellite clinic will not serve as an overflow for the clinic at Holloman.

"The primary care providers will see only their enrollees," Colonel Ness said. "The surgeon will see all patients referred to him for surgery."

Mr. Carl Mantey, Gerald Champion Regional Medical Center CEO, offered a vacant building near the hospital to Holloman for the satellite clinic, Colonel Ness said.

"It just makes sense," she said. "We'll be able to increase our primary care enrollment as well as increase access to both primary care and surgery."

The clinic will be open from 7:30 a.m. to 4:30 p.m., Monday to Friday. Call 572-2778 to schedule appointments.

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Photo by Mr. Tom Fuller

In command

Col. Matthew McKeon assumed command of the 49th Operations Group during a change of command ceremony Wednesday at hangar 301.

SCHOOL

Continued from Page One

of the road and don't have the enforced protection that pedestrians do."

Injuries don't only happen while children are walking or riding their bikes to school. Safety tips should also be followed when children are riding in cars and buses.

In a car, seatbelts are the best form of protection in the event of a crash, Sergeant Carroll said. They can lower your risk of injury by 45 percent.

School bus transportation is safer than cars, Sergeant Carroll said. However, some injuries occur when students are entering and exiting the bus.

"Students should wait for the bus in a safe place away from traffic and the street," Sergeant Carroll said. "Stay away from the bus until it comes to a complete stop and the driver signals you."

Students should also keep a safe distance between them-

selves and the bus. The bus driver can see people better the further they are from the bus.

Drivers are required to follow certain rules around school buses, but not all do, Sergeant Carroll said.

"Be aware of the street traffic around you," she said. "Protect yourself and watch out."

For more information about walking and biking safety, visit the National Highway Traffic Safety Administration at http://www.nhtsa.dot.gov/.

On the side

The flashing yellow lights on First Street have been turned on for the 2004-2005 school season. The 15-mph school zone flashes three times during the day:

- 7:30 to 8:15 a.m.
- 10:40 a.m. to noon
- 2:30 to 4 p.m.

NEWS



The 49th Security Forces Squadron handled the following incidents from Aug. 9 to Monday.

Tickets

Security Forces issued six tickets: two for no registration, two for failure to stop, one for no insurance and one for speeding 10 to 15 mph over the speed limit.

Property loss, damage or theft

- Aug. 9: An Airman reported his tan and green striped patio umbrella was stolen from his house at Dona Ana Loop.
- Aug. 12: An Airman reported her portable DVD player stolen from dorm 342. Her bathroom door was unlocked.
- Aug. 13: A family member shoplifted an 8-inch metal bracelet, valued at \$10, from the Base Exchange. She removed a 75-percent-off price sticker from another piece of merchandise and placed it on the bracelet. She proceeded to the check out counter and paid for the merchandise at the discounted price.
- Aug. 14: An air conditioner panel was torn off the wall at dorm 334.
- Aug. 15: There was a minor accident at building 297. An Airman driving a privately owned vehicle backed into another POV.
- Aug. 16: There was a minor POV accident near the front gate when a civilian's tire blew out causing the vehicle to spin out of control and into a ditch.

Patrol response

- Aug. 9: An Airman reported his two dogs had injuries and were covered in orange paint.
- Aug. 10: An Airman was transported to Gerald Champion Regional Medical Center after complaining of dizziness at the running path near Tango-1.
- Aug. 10: A family member reported her 5-year-old missing. The child was later found at a neighbor's house.
- Aug. 10: An NCO reported his truck was damaged when rocks fell out of a contractor's truck. The NCO didn't get a license plate number.
- Aug. 11: Security forces responded to a 911 hangup at Keesler Court.
- Aug. 11: A civilian was arrested by local law enforcement after failing a field sobriety

test on base for possible drunken driving.

- Aug. 12: An Airman reported a house fire at Torrance Place. The fire started from a master bedroom closet, but the cause is unknown.
- Aug. 12: Security forces responded to a 911 hangup at Mesquite Road. The caller attempted to dial a 421-number, but dialed 911 by accident.
- Aug. 14: Security forces assisted the New Mexico State Police with an accident near the Highway 70 overpass at the front gate. A loud explosion was reported. A civilian was involved in a single-vehicle accident. His blood-alcohol content was .09/.09.
- Aug. 14: An Airman was transported to GCRMC after possibly hurting his ankle while playing basketball.
- Aug. 14: A family member dialed 911 then hung up after a verbal dispute with another family member.
- Aug. 14: An Airman was taken into custody for being drunk and disorderly at Eddy Loop. He was too intoxicated to acknowledge his rights
- Aug. 15: A family member reported a black and brown Rottweiler needed medical attention at Hanscom Court. An NCO was dog-sitting for another NCO who was on leave. The dog-sitter didn't have the money to get medical care to the dog.
- Aug. 16: An Airman was transported to GCRMC when her legs were cramping and she was unable to walk.

Civil arrest

- Aug. 13: An Airman was arrested in Alamogordo for battery against a household member and interference with communications. He is being held at the Otero County Detention Center.
- Aug. 14: An Airman was arrested in El Paso for auto racing.

Scam alert

An Airman reported a person came to her house, who claimed to be with the College Level Examination Program, and asked her to participate in a "new program." The Airman could complete two years of college in less than six months. He asked for a voided check and said \$48 will be deducted twice each month for 30 months, totaling \$2,880. He said, when the program officially starts at all bases, it will cost Airmen \$8,000. This is a scam. For information about CLEP, call the Base Training and Education Office at 572-3971.

If you have any information concerning any of these incidents, contact security forces at 572-7171 or your first sergeant. For the Crime Stop Help Line, please contact security forces at 572-1100 or dial "911."

COMMENTARY

Perfecting and honoring a treasured military courtesy

by Tech. Sgt. James Brabenec
AFPC Public Affairs

For most people the salute symbolizes the honor and respect inherent in the military lifestyle.

Despite its significance, I've noticed a variety of salutes during my Air Force career such as:

- the "tennis elbow" salute, delivered with the elbow low and close to the body;
- the "Capt. Hook" salute characterized by the cup-like shape of the fingers and palm of the hand;
- the "who goes there?" salute, which features the fingers of the right hand coming to rest somewhere over the right eyebrow; and
- the "Off we go" salute where the right hand flies swiftly forward instead of taking its normal downward path along the gig line.

I'm not quite sure where these salutes came from, because Air Force Manual 36-2203, "Drill and Ceremonies," provides rather concise guidelines

The manual states to correctly salute raise the right hand smartly in the most direct manner while at the same time extending and joining the fingers. Keep the palm flat and facing the body. Place the thumb along the forefingers, keeping the palm flat and forming a straight line between the fingertips and elbow. Tilt the palm slightly toward the face. Hold the upper arm horizontal, slightly forward of the body and parallel to the ground. Ensure the tip of the middle finger touches the right front corner of either the billed hat or outside corner of the right eyebrow or the front corner of glasses if no hat is worn. To complete the salute, bring the arm smoothly and smartly downward, retracing the path used to raise the arm.

Sounds easy, but how about the snap most Airmen prefer? For that I checked in with Master Sgt. Anthony Gardner, superintendent of the Randolph Air Force Base Honor Guard. He said any movement the honor guard performs only gains its precision through practice - something they do regularly. He added that same adherence to practice will sharpen any Airman's salute.

I recall how practice played a key role in getting through saluting during basic training. We learned this maneuver then anxiously waited our turns to knock at the training instructor's door, march in, report and smartly salute. We all practiced quietly reciting our report and salute prior to that moment under scrutiny. Invariably nerves set in and many failed, but over time we learned how to deliver a good salute.



Courtesy photos

An Airman renders a proper salute.



(Left) A
Holloman
Base Honor
G u a r d
m e m b e r
performs
the "tennis
elbow" salute, when
the elbow
is low and
close to the
body.

Moving on to technical school my awareness of the salute came frequently to bear during change of command and retirement ceremonies. Standing at attention in the hot Mississippi summer heat we answered our group commander's call for "present arms" as hundreds of young Airmen flashed precision salutes.

I'd be a liar if I said my conduct has always been completely exemplary. While on assignment overseas, I'd follow the lead of my golfing buddies and duck under the eaves of a building to keep from saluting during the daily two-nation retreat ceremony.

However, I can say those selfish habits are in the past, and I now enjoy saluting. Although I doubt I'll ever be as good as an honor guard member, I do know each opportunity to show respect to the flag or to Air Force officers provides me a chance to perfect my salute.

Practice your salute; it may be a courtesy that grows on you, too.

MREs to contain Xylitol gum to fight tooth decay

by Marcella Birk

U.S. Army Center for Health Promotion

Meals, Ready-to-Eat will soon contain gum that helps reduce tooth decay. The new gum, made with the alternative sweetener xylitol, works by blocking the bacteria that cause cavities. The gum currently provided in MREs contains sugar and can cause tooth decay.

This change in the MREs, approved by the 2004 Joint Services Operational Rations Forum, is partially due to a recent study showing a significant increase in tooth decay for deployed soldiers.

The 3rd Infantry Division, which deployed to Iraq for six months, returned home with more than two and a half times the number of cavities its soldiers had before deployment, according to a study conducted in January 2004.

"The amount of tooth decay that occurred in just six months was overwhelming," said Maj. Georgia dela Cruz, dental staff officer at the U.S. Army Center for Health Promotion and Preventive Medicine and lead for the 2004 study.

Col. Christine Inouye, CHPPM's Reserve Component force health protection integrator, and dela Cruz were the driving force behind the change in the gum supplied in MREs.

"We are convinced that this initiative will be one major solution to the dental readiness problem for the warfighters," said Colonel Inouye.

"Ultimately, the warfighters are at high risk for dental disease," Colonel Inouye said. "More importantly, the xylitol gum will potentially impact 2.68 million Active Component and Ready Reserve soldiers, Marines, sailors and Airmen while they are deployed in a field environment."

"Deployed soldiers are at greater risk for cavities because of starchy foods, sugary drinks and infrequent tooth brushing," said dela Cruz.

MREs contain carbohydrate-rich foods that are essential for energy in a field environment. Unfortunately, oral bacteria use the starches and sugars in these foods to produce acids that cause tooth decay. Xylitol

blocks these bacteria, interfering with their ability to "stick" to the teeth to produce damaging acids. Xylitol also increases saliva flow, which helps neutralize any acids and provides calcium to repair any weakened areas of the teeth.

Col. Robert Lutka, commander of the Fort Benning, Ga., dental activity is one long-time advocate of xylitol.

"Xylitol has been used by diabetics for years as an alternative sweetener," he said. "It's a safe and effective way to keep soldiers healthy while deployed."

Due to the number of MREs already in stock, xylitol gum will not reach service members' MREs immediately but will be included within 18 to 24 months.

"Don't wait to start using xylitol gum," Major dela Cruz said. "The gum can be purchased on the local economy and at commissaries, although the choice of flavors may be limited at smaller commissaries. Read the ingredients on the label and make sure that xylitol is the first ingredient. Chewing the gum at least five minutes is extremely important for maximum effectiveness."

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What's going on in the Tularosa Basin and beyond...

Relay for Life benefit

"Murder on the Trail" performed by the El Paso Mystery Troupe is 11:30 a.m. and 4:30 p.m. Aug. 28. The show is an interactive dinner western comedy mystery. This is an American Cancer Society Relay for Life benefit. A silent auction, door prizes and VIP packages are available. Each ticket includes a western-style meal. Dinner tickets are \$20 for adults and \$10 for children 12 and under. Matinee tickets are \$15 for adults and \$7.50 for children 12 and under. Ms. Melissa Hedger is selling tickets at Holloman. E-mail her

melissa.hedger@holloman.af.mil.
For more information, call
Ms. Cathy Schreck at 434-8834
or Ms. Vickie Clark at 437-1327.

Names in the stars

The New Mexico Museum of Space History is providing an opportunity for people to "write their name in the stars" for a limited time only. The museum, in conjunction with the St. Louis Science Center and the Ansari X-Prize Foundation, is offering interested persons the opportunity to fly their names aboard SpaceShipOne, the X-Prize contestant scheduled for launch on Sept. 29 at Edwards Air Force Base, Calif.

For \$10 your name will be flown on the initial flight on Sept. 29 and the second flight, which must be launched by Oct. 10. Once the flights are completed the X-Prize Foundation will send participants a certificate commemorating the event.

Names collected will fly on another competitor's spacecraft if SpaceShipOne doesn't make the prize-winning flight.

The New Mexico Museum of Space History is now signing up participants. The deadline for registering your name is Aug. 27. For more information call 437-2840 or (877) 333-6589.

Star Party

Star Party VI is Sept. 10 and 11 at White Sands National Monument. The event will also offer several daytime activities in the Alamogordo-White Sands area. Registration fees are \$40 per person, \$60 for a couple and \$12 for each child. Only participating amateur astronomers need to register for the event. The general public may attend all of Saturday evening's activities, including a sunset stroll nature walk and talks by guest speakers Dr. Jack Bacon and Mr. Bruce McCandless at White Sands National Monument for the regular park entrance fee of \$3 per person. Children 16 and under are admitted to the park free.

For more information or to request a registration form, contact the New Mexico Museum of Space History's Education Department at 437-2840 or (877) 333-6589. Registration forms may also be obtained at the star party Web site http://www.zianet.com/wssp.

Church camp out

The 35th Annual All-Church Camp out is Sept. 3 to 6 at Grace United Methodist Church. This family oriented event is open to all members and friends. The weekend will include camping, hiking, bluegrass music and Christian oriented family activities. Rev. Bill Sylskar is a featured speaker. Reservations are required.

For more information and to make reservations, call 437-7640.

Day of Caring

United Way of Otero County's annual Day of Caring is Sept. 23.

For more information, call 437-8400.

BRIEFS

Exercise certification class

An Aerobics and Fitness Association of America Certification class is Saturday at the Fitness and Sports Center. The cost of this one-day class is \$216.75. This opportunity is for anyone interested in becoming a certified instructor or for squadrons to send a representative to become certified to teach classes for their squadron physical training program. Current CPR certification is required before certification is issued.

The Primary Group Exercise Certification includes a review of AFAA's Basic Exercise Standards and Guidelines, exercise science and exam criteria followed by a written and practical exams.

For more information, call Ms. Denise Allen at 572-2528 or 572-2391.

Vet closure

The Base Veterinary Clinic is closed Monday to Thursday. Normal hours will resume Aug. 30. Anyone needing prescription medications, heartworm prevention or flea and tick prevention for a pet can come to the clinic before Aug. 23. Vaccination and sick call appointments are Thursday and Sept. 1. To make an appointment, call 572-3303.

Cub Scout pool party

Cub Scout Pack 124 has a registration pool party for boys in grades first to fifth from 9 p.m. to midnight, Aug. 27 at the base pool. A parent must attend with the child. For more information, call 479-9744.

MDG survey

The 49th Medical Group has been selected to participate in a telephone survey to obtain timely feedback from our patients about your visit. An authorized individual will contact patients who visited the clinic and ask



King Arthur (PG)

6 and 9 p.m., today

Anchorman (PG-13)

6 and 9 p.m., Saturday and 6 p.m., Sunday

Tickets are 99 cents.



Photo by Mrs. Laura Hunt

Gate delays

Mr. Jimmy Baginski, Star Paving contractor, empties dirt from a backhoe into a dumptruck on First Street near the main gate. Construction on main and La Luz gates began Aug. 2 and will continue for five months. The changes at the main gate include moving the gate, adding additional identification checker lanes and installing shade canopy over the I.D. check stations.

them questions about their appointment. The person will call between 5 and 8 p.m., Monday to Friday, except holidays and ask six to eight simple questions. The feedback will enable MDG leadership to assess the service and care provided by the clinic. The caller does not have access to patient's personal medical information nor will the patient be requested to provide that information.

For more information, call Ms. Dawn Robbins at 572-5447 or 1st Lt. Maria Gilliam-McKinney at 572-7913.

ACC survey

Air Combat Command Services Marketing is conducting a survey to determine if some Temporary Lodging Facilities units should be set aside as pet-friendly. Current Air Force guidelines restrict pets from being housed in base lodging; however, a year-long test is being conducted at Ellsworth Air Force Base to determine the feasibility of a change in policy. Visit the Web site http://ice.disa.mil/survey_library/go.cfm?Pets to take the five-minute survey by Sept. 1.

Road closures

49er Road

Due to the rerouting and widening of 49er Road, there will be a road closure on Arizona Avenue from First Street to Arnold Avenue.

For more information, call 2nd Lt. Stacy Nimmo, 49th Civil Engineer Squadron, at 572-3066.

Eglin Court

There will be a road closure on Eglin Court until Sept. 7 due to construction of a new manhole and lateral line installation. Residents of Eglin Court will have one entrance accessible during the construction.

MDG lot closure

The resurfacing of the 49th Medical Group parking lot has begun. Expect closures to the parking areas on the north and east sides of building 15. Parking on the pharmacy side will

not be affected. Patients can park in the staff parking area on the south side of the building during this time. The resurfacing project is expected to last several weeks.

JAG closure

The Legal Office will be closed from 12:30 to 4:30 p.m., Aug. 27. For emergencies please call the on-call JAG at 430-6401.

Chapel Services

Weekday Masses – 11:30 a.m., Monday, Wednesday, Thursday and Friday.

Sunday – Catholic Mass, 9 a.m. and 5 p.m.

- Sacrament of Penance, 4 p.m.
- General Protestant Worship Service, 11 a.m.
- Protestant Sunday School and Catholic Religious Education resumes normal schedule starting Sept. 12.

NCO witnesses birth of son 10k miles away

by 1st Lt. Denise Burnham 40th Air Expeditionary Group Public Affairs

Tech. Sgt. Troy Goodman did not sit by his wife's hospital bed when she gave birth to their second son. Instead, he sat more than 10,000 miles away in tent city watching the delivery via

"I was woken up at 2 a.m., and got in touch with my wife at 3 a.m. By 4 a.m., I was logged into the IP address and the Webcam was up and working," said Sergeant Goodman, the NCO in charge of munitions inspections at a deployed location.

The Goodmans first heard about the idea of a possible Webcam delivery from a family friend. The friend used her contacts to get in touch with the right people at Rapid City Regional Hospital in Rapid City, S.D. Without the Webcam, a phone call would have been the only other option.

On the day of delivery, everything was pre-positioned in both locations.

Before his wife, Valerie, went into labor, the hospital's communications department staff coordinated with people from the 40th Expeditionary Communications Flight to work out all the technical aspects between the civilian hospital and the deployed location.

After hospital workers sent the IP address, each user made adjustments to their systems.

"We had to run several network tests," said Jake Ward, a computer technician at the hospital. "Once we had a successful test call, I trained a few nurses to use the system too. I was on call for a couple of weeks in case she went into labor during nonduty hours."

"We had problems with audio at first, and the video was a little choppy at the beginning, but it finally smoothed out," said Tech. Sgt. Samuel Nye, the NCOIC for



Photo illustration by Master Sgt. Sean Brennan

Tech. Sgt. Troy Goodman admires the newest member of his family via Webcam. Sergeant Goodman was able to watch the live birth over the Internet. He is the NCO in-charge of munitions inspections at the 40th Munitions Flight.

the flight's help desk. "I have never done anything like this before for a customer."

"My wife could see me, but the screen would freeze up periodically; the connection on my end worked fine," Sergeant Goodman said. "I kept logging off and logging back in trying for a better connection."

Finally Aug. 3, after spending eight hours in a private chat room, Sergeant Goodman took a look at his newborn son, Gavin Dean Goodman.

"When Gavin was born the doctor held him up to the camera first, and then gave him to my wife," he said.

Help with this feat came from all directions. Although both parents were separated geographically, neither husband nor wife were alone for the special delivery. Mrs. Goodman's sister came from California to assist her during the actual birth.

Retired Master Sgt. Rose Redder, a base-housing neighbor and family friend, watched Sergeant Goodman's 3-year-old son and his sister-in-law's children when his wife was admitted to the hospital. The Redders and Goodmans have known each other for more than six years.

"My wife is newly retired from the Air Force, and she has been puttering around the house for a few months," said Master Sgt. Scott Redder, flight chief for the 40th Expeditionary Armament Flight. "We're just down the street, so she was happy to help by watching the kids."

This is Sergeant Goodman's second deployment since Sept. 11, 2001.

"He was convinced about joining us on this deployment so he could be there for his family after the new addition was born," said 2nd Lt. Otto Brown, 40th Expeditionary Munitions Flight commander.

"After the baby was born, I went right back to bed. I was whipped after that," Sergeant Goodman said.

His deployed leaders have made arrangements to get Sergeant Goodman back home on the earliest flight available at the end of the rotation. When he arrives back in the United States, he plans to hang out at home and get to know his new son.

CE benefits from F-117 deployment

by Master Sgt. Val Gempis
Air Force Print News

Civil engineers are reaping the benefits of an air and space expeditionary force deployment of F-117 Nighthawks at Kunsan Air Base, South Korea.

Building and maintaining a home for about 300 Airmen from the 49th Fighter Wing has been a great training opportunity for the civil engineers, said Chief Master Sgt. Mark Brejcha, chief enlisted manager of the 8th Civil Engineer Squadron.

It allows the engineers to sharpen and acquire new skills, but more importantly gives them the experience on what it is like to be part of an AEF rotation, the chief said. Airmen don't deploy while they're here because they are serving a one-year unaccompanied remote tour.

"I'm really impressed how our people handled the onslaught of challenges they faced during the buildup of tent city. We were tasked heavily," Chief Brejcha said.

The AEF deployment here stretched the already thin ranks of civil engineers. Aside from supporting the deployment, civil engineers also handled daily calls from base customers. To ensure their operations went smoothly, civil engineers worked around the clock for about a week during the initial startup of tent city. The group connected miles of cables, constructed a water storage and distribution station, and upgraded the hot water boiler system.

"The most difficult part of this operation is the planning stage," said Senior Master Sgt. Manny Lapuz, 8th CES infrastructure chief. "Knowing what kind of equipment we need or which generators we want to use is very important."

Although concrete pads were already poured at tent city, it still took some time for the Airmen to erect the tents. Some of the equipment was pulled from

WRM kits from other bases.

Civil engineers said they are used to hard work. They are accustomed to being dirty, sweaty and hot. But when the boiler at tent city blew up and the power went out at the same time Sergeant Lapuz said everyone in the squadron lent a hand.

Although the pace of their work has slowed down considerably since the arrival of the deployed Airmen almost two months ago, the team still does some tweaking to make sure everything is operating properly at tent city. Once in awhile, they check to ensure that the shower temperature is just right. They also have a regular shift of craftsman checking generator fluid levels, portable toilets cleanliness and water tank levels.

"It's a great feeling to know that we play an important role when we see those planes take off every day," Chief Brejcha said. "Healthy and well-rested pilots and maintainers will help maximize their training and ensure safe flying at Kunsan."

The 49th FW visitors said Kunsan Airmen have done an excellent job to make them feel at home. Being deployed and living in tents is not always easy.

"We're very impressed with the hospitality we've received here," said Master Sgt. Gerald Bies, a lead production superintendent from Holloman. "This is one of the best tent cities I've seen."

Aside from having a place to sleep, civil engineers built an entertainment tent for television and movies. They also built a permanent laundry facility. To lift morale, the civil engineers constructed a communication tent with telephones and Internet access so the deployed Airmen could contact home.

"Our mission is to fight in place," Chief Brejcha said. "This deployment has taught us new ways and skills. Without a doubt, supporting these Holloman Airmen has greatly improved our combat capability."

Holloman Hero

Olivia Featherston 49th Services Squadron

Duty title: 49th SVS volunteer Time at Holloman: Three years **Hometown:** Portales N.M.

Personal and Career goals: I plan pursue a career in interior design.

What are some accomplishments you are proud of?

As an eighth-grade student at Holloman Middle School, I was part of the National Junior Honor Society. I volunteered at the Consolidated Skills Center for 119 hours through the summer youth program. I'm part of the Math Counts program and take advanced classes.

What are your hobbies?

My hobbies are reading, swimming, playing volleyball, working with ceramics and pottery, and traveling. During my summer family vacation, my family and I traveled to Washington D.C. to visit the capital, Vietnam Memorial, World War II Memorial, Lincoln Memorial and the Arlington National Cemetery.

I've also traveled and lived in Great Britain, Alaska, Oklahoma and New Mexico.

Core value portrayed: "Excellence in all we do"

Olivia has shown excellence in her volunteer work at the 49th Services Squadron Consolidated Skills Center. She's been involved with the ceramics shop, embroidery section, framing department and the summer youth pro-

Her positive attitude has been an inspiration for all. She's been a topnotch volunteer here and continues to reach higher in every aspect of her life.

Olivia's academic achievements, personal accomplishments and outstanding volunteer work define the person she is.

She is a young lady with a bright future, and she strives to be the best she can be.

The skills center staff has appreciated her contributions to the base. We wish her the best in her bright future.

> - Ms. Eva Van Horn 49th SVS skills center



The Holloman Hero submission form is available online. It can be downloaded at: https://wwwmil.holloman.af.mil/wing/49FW_PA/internal.html

NEWS



Photo by Master Sgt. Val Gempis

Standing tall

Staff Sgt. Brian Hennard, a 49th Maintenance Squadron crew chief, marshals an F-117A Nighthawk during an end of runway check at Kunsan Air Base, Korea. About 300 Airmen from Holloman are currently deployed to South Korea supporting Air Expeditionary Force operations in the Pacific Region.

Bush announces global posture changes during next ten years

by Mr. John D. Banusiewicz American Forces Press Service

The United States will redistribute forces now stationed at overseas locations "where the wars of the last century ended," President Bush announced in Cincinnati on Aug. 16.

The president's announcement came during an address to the national convention of the Veterans of Foreign Wars.

"The world has changed a great deal," President Bush said, "and our posture must change with it for the sake of our military families, for the sake of our taxpayers, and so we can be more effective at projecting our strength and spreading freedom and peace."

America's current posture in Europe was designed to guard against Soviet aggression, the president said.

"The threat no longer exists," he said.

The decision to redistribute forces comes after three years of study and consultations, President Bush said.

"We've consulted closely with our allies and with Congress," he said. "We've examined the challenges posed by today's threats and emerging threats." The result, he said, will be "a more agile and flexible force."

As the new global posture takes shape during the next 10 years, more U.S. troops will be stationed at, and deployed from, home bases in the United States, President Bush said.

"We'll move some of our troops and capabilities to new locations so they can surge quickly to deal with unexpected threats," he said. "We'll take advantage of 21st century military technologies to rapidly deploy increased combat power."

The new plan will strengthen U.S. alliances and build new

partnerships worldwide, and it will reduce stress on military people and their families, the president said.

"Although we'll still have a significant presence overseas, under the plan I'm announcing today, over the next 10 years, we will bring home about 60,000 to 70,000 uniformed personnel and about 100,000 family members and civilian employees," President Bush said.

This would give servicemembers more time on the home front, as well as more predictability and fewer moves during a career, he said.

"Our military spouses will have fewer job changes, greater stability, more time for their kids and to spend time with their families at home," he said.

Taxpayers will benefit from cost savings realized by closing obsolete overseas bases and facilities, the president said.

Safety first:

Harmful water bottle

by Tech. Sgt. Carl Norman Wright-Patterson Air Force Base Public Affairs

When working in hot or stuffy climates, a timetested method of having an ample supply of water is "to take it with you." While water bottles are useful in hot arid climates or on flight lines and in the field they can cause problems for those working in areas where painting, sanding, metal grinding and mixing chemicals and pesticides occur. This hazard also applies to areas where particles or vapors can be ingested. Since many water bottles have a rubber-end mouthpiece that has to be chewed or bit open, there is a significant chance for transferring chemicals to the mouth. Additionally, dusts can collect on the wet mouthpiece and chemical

vapors can absorb into the rubber. You don't want to swallow these materials because they'll make you sick – either now or over time.

How can I stay safe?

It's simple. Keep water bottles and camel packs out of these environments. Current Occupational Safety and Health Administration and Air Force regulations (OSHA CFR 1910 expanded standards and AFOSH STD 91-501) prohibit food and drink in areas where potential ingestion hazards exist, and they discuss educating people on these ingestion hazards. So, take your breaks and drink water in a hazard free environment. You also should wash your hands before eating, drinking or smoking after working in an area with ingestion hazards.

Keep safety in mind.



SPORTS



Photo by Airman 1st Class Stephen Collier

Catcher Rich Ewers, 49th Communications Squadron, rockets a homerun over center field Tuesday night. COMM lost to the 46th Test Group 34-16 in the final game of the small unit finals. TG moved on to play the 49th Materiel Maintenance Group Wednesday.

Testing for a championship 46th TG eliminates COMM 34-16

by Airman 1st Class Stephen Collier 49th Fighter Wing Public Affairs

A hard-hitting 46th Test Group team pounded away at the 49th Communications Squadron 34-16 in the final small unit game of the intramural softball playoffs at Vandenberg Field Tuesday night.

TG set the stage in the first inning with a high flyer by Jerre Riordan to bring in teammates Pete Peterson and Hector Rivera, putting them up by three. After two more runs, COMM's left centerfielder Frank Walsh caught a pop up by TG catcher Brett Casey.

"Test group has a lot of power hitters and our players know it," COMM coach John Sisson said. "We are going to let them have their hits. After that, we'll come in and dominate to move to the championship game."

After letting one COMM run by them, TG stepped up their offense with another Riordan homer and run in by Rivera. After two more home runs and two RBIs, TG led 11-1.

TG continued to pour on the heat defensively with back-to-back tosses to second base for two outs. COMM right fielder Adam Considine ran in right before teammate Chris Asuncion rocketed a hit into the glove of TG right centerfielder Jose–Fontauzzi Soto.

TG pushed even harder to add seven more runs in the third with home-run hit by Mark Allard for two RBIs.

After TG moved to a 21-6 lead, COMM stepped up with a base hit by Bruce Hemphill to bring in Asuncion.

COMM continued to stay fired up by shutting down TG in the fifth with three outs in a row. With his team down, first

baseman Richard Solorzano said his team needed to get back to the basics.

"We need to get those base hits to stay alive," he said. "We play the defense and we get back into this game."

The fifth inning proved to be pinnacle for COMM as they added six runs to the board provided by hits from Dave Samuels and third baseman Ricky Stoudemire.

Even with a small rally and time expiring, TG opened up with 11 more runs against the unsuspecting COMM team 34-14.

COMM had one more chance to gain runs but after two RBIs and three outs, the small unit team was defeated. TG moved on to the championship game 34-16.

TG took on the 49th Materiel Maintenance Group Wednesday night for the 2004 intramural softball championship title.

Knights excel in intramural play at Kunsan

2nd Lt. Chris Mahaffey
9th Expeditionary Fighter Squadron

Deployed Team Holloman members from the 9th Expeditionary Fighter Squadron are making their presence known at Kunsan Air Base, Republic of Korea, by participating in various base activities. The 9th EFS Knights walked off with the Wolf Pack Crud Championship Trophy while two Flying Knight softball teams knocked off tough competition and placed well in the annual Army Softball Tournament.

In celebration of the first Friday in August, the Kunsan Officer's Club sponsored a Crud Challenge. The Knights promptly vanquished their four opponents in the single-elimination tournament as the host F-16 Squadron Pantons and Juvats watched. Their reward? The championship trophy displays the 9th EFS as the first winner. The Knights look to defend their trophy once more before returning home.

Two 9th EFS softball teams entered a two-day, 11-team double elimination softball tournament. After shaking off some rust and an opening round loss to the 8th Aircraft Maintenance Squadron team, the 9th Operations rebounded with a solid performance in the field and with the bats in the second contest.

Eric Christensen provided timely hitting and much needed speed on the basepaths, while Anthony Carvalho showcased his gold-glove skills at shortstop. The Ops team continued its good play by beating the Maintenance Operation Squadron in the last game of the night, coming back to win 21-14 in extra innings.

Jason Nassef sealed the win with a running, over the shoulder catch. Sunday featured a rematch with the tough AMXS team. Unfortunately, the Ops bats could not solve the mystery of the higharc AMXS pitching, falling 11-1. Though disappointed with the loss, the Ops team finished third in the tournament and look to improve for future contests.

The 9 EFS plan to continue representing the Fighting Forty-Niners in future sporting events and activities, while looking forward to a safe return home in the coming months.



Courtesy phot

Two members from the 9th Expeditionary Fighter Squadron Knights softball team pose after a win in the annual Army Softball Tournament at Kunsan Air Base, Republic of Korea.

SPORTS



Courtesy phot

Airmen from the 49th Operation Support Squadron at White Sands Missile Range beat the Army 19-9 in the post intramural softball championship. (Standing left to right:) Dave Yarnes, Zach Stevenson, Chris Brinkhaus, Charlie Brown, Jeff Forgey, Joe Sousa (kneeling) Tyler Howard, Wes Carter, Michelle Moritz, Todd Moritz.

WSMR Airmen win post championship OSS beats Army 19-9 for title

by Airman 1st Class Stephen Collier 49th Fighter Wing Public Affairs

The 49th Operations Support Squadron air traffic controllers at White Sands Mis-

sile Range defeated the Army military police team 19-9 in five innings to become the post champions during the in-

tramural softball season.
"From the beginning, it didn't look good," Coach
Tyler Howard said. "We went

into the second inning down by four. That hasn't happened all year."

It wouldn't be until the third inning when OSS rallied for a comeback to rocket in front of the Army. Wes Carter, 49th OSS assistant coach, said the team realized what they had to do.

"Our third baseman Dave Yarnes hit two over the fence to help put us in front," Coach Carter said. "We started hitting the ball well, getting single runs with base hits. Looking back, it was just our team effort that gave us the win."

The two military teams came together to compete on the WSMR post team – the Roadrunners.

The post team practiced once a week and traveled to Las Cruces to compete against local teams in the New Mexico State Class B Softball League. The team ended the season in ninth place in the state.

SPORTS



Photo by Airman 1st Class Larry Reid Jr.

Getting ready for the big one

Mike Hervey teed off during the club's championship practice game Saturday. The practice game gives teams a chance to try out the green before the championship game Saturday. Hervey is a member of the 49th Maintenance Operations Squadron.



Check out next week's Sunburst for intramural softball championship coverage!



The Fitness and Sports Center hosts a singles and doubles racquetball tournament Monday to Thursday.

The Fitness and Sports Center Bench Press competition is scheduled for 5:30 p.m., Aug. 30.

For more information, call 572-3229